



**Men's 10k Course:**

- Lap 1 — 3.6 km (one full perimeter loop + one short loop)
- Lap 2 — 2.4 km/6k (one full perimeter lap)
- Lap 3 — 2.0 km/8k (one short loop)
- Lap 4 — 2.0 km/10k FINAL w/ gate to finish (from start area to finish, 2k)



Great viewing areas



Admission Tents